NEWords



Standing Together for Equity

Empowering Women Since 1881

BRANCH LINES

April Program



The AAUW Roseville South Placer Branch invites branch members, friends and all who enjoy history to a presentation "Placer County Past and Present" by Christina Richter. The program is free - open to all - No reservations are needed

Date: Tuesday, April 22

Time: 10 am

Place: Old St. Mary's Chapel, formerly a Catholic Church built in 1883. It has been restored and is now a historic community building located at 5251Front St., Rocklin.



Christina serves on the Placer County Historical Advisory Board and holds the position of Secretary for the Western States Trail Museum board of directors. She writes for Gold Country Media, is a quarterly history speaker at Sun City Roseville, and is employed part-time by Placer County Museums.

She has two published books, Walk With Me I Want To Tell Your Something, the

story of the Roseville pioneer Fiddyment family. Her second book, *Placer County Past and Present*, was published by Arcadia History Press in May 2023.

National membership dues increase

By Shannon Wolfe, National AAUW

What's happening: As a valued member of AAUW, I wanted to let you know that the AAUW Board approved a modest dues adjustment — $\frac{22}{20}$ per year over the next two years.

Starting April 1, 2025, individual member dues will be \$74. On April 1, 2026, dues will change to \$76.

Why it matters: Member dues are an important funding source for AAUW. While costs for member support increase annually, member dues have not kept pace. The Board's decision to increase dues by \$2 allows AAUW dues to keep up with inflation and continue supporting the important work of AAUW.

Your member dues help fund our work such as:

- Education & Advocacy: Member dues help support AAUW's public policy and member advocacy programs, which are now vitally important to defending higher education and rights for women on campus
- Member Trainings: Our regular virtual member gatherings and training programs provide education and engagement on several relevant topics
- Member Engagement: We organize member-led groups and committees like Archives Corps, Lobby Corps, and national committees, and coordinate AAUW's member advocacy through 2-Minute Activist
- Real-Time Support: Connect Team provides daily assistance to members
- And more!

The bottom line: The dues increase balances AAUW's financial sustainability with the member feedback we received. Thank you for all you do as an engaged member of AAUW!

Eleanor Roosevelt Awards

Every year two branch members are named to receive the prestigious Roseville South Placer Eleanor Roosevelt Award. <u>The recipients are chosen by you, our members.</u> An appointed committee reviews and selects the awardees from the nominations submitted. Please submit nominations, by email to Sanchia Spandow, Funds Chair, by April 30th Please note on the SUBJECT line "Roosevelt." The deadline for submitting nominees for consideration is APRIL 30, 2025

Nomination Committee

The slate of officer candidates for election to the Board of Directors will be emailed to all members on or before April 26, 2025, at least 20 days prior to the election as required by our Bylaws. The election will be held at our annual meeting on May 17, 2025. If anyone is interested in serving on the Board, please contact a Nominating Committee member: Carolyn Garfein, Michelle Colletto, or Lynda Stockwell

Lobby Days, April 8 and 9

By Sue Miller, Public Policy Committee

We have had overwhelming interest in this year's Lobby Days event, with 77 people registered to participate in person at the Capitol on April 8th, and 107 people registered to participate via Zoom on April 9th! It is incredibly inspiring and humbling to be part of an organization that is so passionate about advocating to make the world better for women and girls. We are grateful. The Public Policy Committee is now hard at work to form teams and schedule meetings, as well as evaluate bills for our 2025 Legislative Agenda. From now through March 21st, we will be posting information HERE on the event logistics and the bill details. Please check back for updates. Email me if you 'd like more info,

Overwhelmed by news?

AAUW California Public Policy Team

As we did in December, we are once again checking in with a reminder that your wellbeing is important. Not only do we see an uptick in policies and actions that run counter to our core values, but we also see/hear a constant stream of news about these changes. You may be feeling overwhelmed, exhausted, fearful, or anxious. Monitoring news on these changes is important but can be detrimental to your mental health.

Pat Morgan's 100th birthday

By Judith Martin and Lynda Stockwell



Pat Morgan (center front), an Honorary Life Member of AAUW who is still active in our branch, has just turned **100!** Her birthday was celebrated by her AAUW-RSP Wednesday Night Book Group. Surrounded by her group, she blew out her "100" candles to the voices of the

group singing her "Happy Birthday!" Two Suffragette friends of hers were in attendance to celebrate and model their costumes for Women's History Month the next day at Sierra College. We are all very proud and honored to have Pat as a member of our branch. Congratulations Pat! You are our inspiration! Pat Morgan in the center, Lynda Stockwell to the left of her, Michele Stark to the right.

Lynn Cook



Lynn Cook passed away March 7, 2025, from cancer. She was an Eleanor Roosevelt Honoree, served as a new member chair, head of the High School scholarship and Gov Trek programs for AAUW. She was very active in AAUW and will be greatly missed. Lynn was surrounded by her husband Jack, along with family members. Her family will let us know when her memorial service will be.

May Program Topic

Our annual meeting will be Saturday, May 17 at 1 pm. Karen McNeill, PhD will be our featured speaker on the topic: Julia Morgan on Campus: Women and Higher Education in the Life and Career of California's Trailblazing Architect. Julia Morgan was not only California's beloved pioneering woman architect. She was also a longtime

member of the Associate of Collegiate Alumnae, AAUW's precursor. Learn about Morgan and her relationship to women in higher education, beginning with her undergraduate years at UC Berkeley, to her earliest professional commissions at Mills College, and culminating back at her alma mater designing the largest gymnasium complex for women in the world.

In addition to learning about Julia Morgan we will elect Branch officers for 2025-26 and hear a wrap-up of this past year. Join us at the Presentation Room at the Eskaton Village Center 1650 Eskaton Loop, Roseville.

June Program

Our Branch Installation & Award Luncheon will be held on Saturday, June 21. More details to come!

Did you know...

Let's end with a little Women's History Month trivia. What do Jeanette Raskin (first woman elected to Congress), Shirley Chisholm (first Black woman elected to Congress and first woman to run for President in a major party), Marjorie Child Husted (creator of Betty Crocker), Janet Reno (first woman to serve as U.S. Attorney General), and Nancy Pelosi (first woman elected Speaker of the House) have in common? They were all AAUW members!! We have an incredible history– let's all help AAUW pivot to a grand future!

Board recap

By Schelly Jensen, Co-President

At our March meeting, the board:

- Approved the revised Policies & Procedures (available on our website)
- Approved a new brochure to advertise our Branch
- Reviewed the programs for the remainder of the year.
- Reviewed the proposed raffle prizes for the August Bingo fundraiser

Kudos to...

The members of the Communications Committee: Kathy Kort, Dotti May, Sandi Sherwood and Linda Stockwell, who spent hours reviewing and revising our Branch Brochure to ensure that it reflects our mission and activities. The brochure is distributed at many branch events and through civic organizations to attract new members and raise our profile in the community. Thank you, ladies!

AAUW Puzzle - do you know your history

By Lynda Stockwell

Please complete the puzzle.





Sierra College Committee

By Lynda Stockwell Sierra College Committee - by Lynda Stockwell



Committee members Kathy Kort, Michele Stark, Lynda Stockwell, and Dawna Hawksworth, participated in Sierra College's **Women's History Month** celebration on March 6th. We made quite a splash as Suffragettes from 1920 encouraging the passing of the ERA. We also featured our branch Women's History display boards, which stimulated lots of conversation. We signed up 7 **new student members**, free because Sierra is our College/University Partner.

Lynda Stockwell conducted a 60 minute **Start Smart workshop** in the Student Engagement Center and online as part of Professor Megan Seely's Feminist Chat Series on women's economic equity. Previously, a 1½ hour workshop was facilitated by our members for many years in classrooms, but that program was discontinued by AAUW in 2021.

Other Campus Events

- Saturday April, 5: Free Saturday: Bountiful Bugs -Fascinating Insects of the Natural World, 10 12 pm Sewell Hall, Bldg S. <u>Register Online</u>.
- Continuing to April 13: Spring Theatre Production: And Then There Were None, 7:30 9:45pm, Dietrich Theatre, Agatha Christie's murder mystery. <u>Purchase Tickets Online</u>: General: \$20, Seniors: \$18. Tickets will also be available for purchase in person one hour prior to start of the play.
- Saturday, April 26: Free Piano Recital by Students and Staff, 2-3:30 pm, Music Bldg, D12

Full STEAM ahead for Tech Trek

By Carol Delville & Andrea Flamenco, Committee Chairs



The online CampDoc platform opened on January 28th, invitations to families were sent. All applications, parents and students, were to be completed by March 1. All were complete! 9 nominees. 5 schools (2 new schools), 5 first time nominating teachers!

<u>Rocklin Academy Gateway</u>, Charter, Rocklin Schools -Nominating Teacher Michelle Bloom, 7th grade STEM, <u>Olympus Jr High School</u>, Eureka Union School District - First time nominating Teacher Leela Kite, 7th grade Science,

Glen Edwards Middle School, Western Placer School District, Lincoln

- Nominating Teacher Jada Saul, 7th grade science

- First time nominating Teacher Teah Buchan, 7th grade Science

<u>New school</u> - Twelve Bridges Middle School, Western Placer School District, Lincoln - First time nominating Teacher, Lucy Coleman 7th gr science, 2 students

New School - Warren T. Eich Middle School, Roseville City School District

- First time nominating Teacher Sarah Gellerman 7th Science
- First time nominating Teacher Cori Tomlin 7th Science

Interviews

Interviews will be completed by the end of March. Parents and students are being interviewed by Andrea Flamenco, Nira Hundal (alumni camper and returning interviewer) and me.

Follow AAUW RSP on Social Media

https://www.facebook.com/AAUWRSP/

AAUW handbook online - update

The printed Handbook Directory has been posted in the Members Only secured section of our website @ <u>www.aauwrosevillesouthplacer.org</u>. To view the directory online, hover over the About Us menu item and Choose the Members tab from the drop-down menu. The password is in front of the printed Handbook Directory. It is a standard pdf file; if you want to look someone up, you can either scroll down or search by using Ctrl F and typing in either the first or last name. Please take a minute to review your own name and let us know about any updates and/or corrections. Send updates to Lynda Stockwell, <u>lstockwell.aauwrsp@gmail.com</u>.

New AAUW Members – Welcome to the RSP Branch

By Brenda Knaack



Ginger Ikuno

We are pleased to welcome new member, Ginger Ikuno, to our branch. Ginger is originally from Monterey, California and relocated to Sun City Lincoln Hills just 5 months ago. She is a graduate of San Jose State University with a BS in mass communication and advertising/marketing. Ginger has had a varied career background including owning a special occasion/evening wear manufacturing company for 10 years and working for the Mercury News for 15 years. She is currently a referring agent for Coldwell Banker Realty. Ginger enjoys ballroom and country dancing and she and her husband taught ballroom dance on cruise ships as a hobby for a period of time. Other interests include the arts and visiting museums. Ginger joined AAUW because of a desire to promote women in achieving higher education. Ginger's background in business and communication will be a welcome addition to the chapter. Welcome, Ginger!

Kathi Sittner

We are pleased to welcome Kathi Sittner to our chapter. Originally from Washington state, Kathi and her husband moved from Salt Lake City to Sun City Lincoln Hills in 2013. Kathi completed both undergraduate and graduate studies at Beloit College in WI and taught German in central WI for several years. Later in her career, she and her husband owned a northern California private school company serving children from age 2 through 8th grade, where she served as superintendent of the schools. Kathi has a strong interest in genealogy and worked for a time for Ancestry, ProGenealogists, and private clients in Salt Lake City. She also enjoys nature, playing the piano, square dancing, and studying her German heritage. She and her husband are active world travelers, taking 2 to 3 major trips each year. Kathi learned about AAUW through the Compass magazine and has already gotten involved in Rummy Cube and Great Decisions. Kathi's management and organizational skills will be a welcome addition to our chapter. Welcome, Kathi!

Pam Allen

We are pleased to welcome Pam Allen to our chapter. Pam grew up in Delaware and graduated from the University of Delaware with a bachelor's degree in accounting. She moved to Sun City Lincoln Hills from southern California in July 2024. Prior to that Pam lived in Japan and Hong Kong for a period of time. Her career has involved work in corporate training and real estate and even included some rental real estate work in Asia. She currently works in corporate recruiting. In her spare time Pam enjoys books, travel, and hiking this area's many trails. Interestingly, Pam and a group of girlfriends who have known each other since their 20s and all went their separate ways, have come back together again to live in Sun City. Pam learned of AAUW through her mom's involvement. She was encouraged to join our chapter by a friend and recent new member, Janet Quillin. Pam is eager to learn more about our chapter and is most interested in Speech Trek, wine tasting, and the book groups. Pam's background in accounting and her people skills will be a welcome asset to our branch. Welcome, Pam!

Tracy Falk

We are pleased to welcome new member, Tracy Falk, to our branch. Tracy grew up in Westminster, CA, and has lived with her family in Granite Bay for the last 18 years. Tracy holds an MA degree in American Studies from Cal State Fullerton and is currently employed full-time as an academic advisor at UC Davis. She has also been actively involved with non-profit organizations, including a historical society in Orange County and doing some archival work. She currently serves as a VP for St. Vincent DePaul. Tracy enjoys reading, hiking, museums, and travel in her spare time. Tracy has been aware of AAUW through colleagues but was introduced to our branch when her daughter competed in this year's Speech Trek. She was impressed with the support given to the competitors and was drawn to joining because of AAUW's mission of supporting women's education. Tracy's background in education and non-profit organizations will be a great asset to our chapter. Welcome, Tracy!

Prepare for Sexual Assault Prevention Month in April By Claire Noonan, Member AAUW California Public Policy Committee



Sexual assault violence prevention calls for the creation of safer communities. Addressing the root causes of this kind of violence is difficult as it involves a multipronged approach, including improving

street and housing conditions, providing education, and offering support services. We should work to advance policies at workplaces and schools, discuss sexual assault and its consequences with friends and family, and prioritize prevention in our communities. Official channels for raising awareness about sexual assault violence and creating and implementing the policies needed for prevention has a long history in the United States; however, given the current administration's attack on "DEI," much of this work is now under threat of being dismantled. Violence awareness began officially when the Family Violence Prevention and Services Act (FVPSA) became law in 1984, providing the primary federal funding for domestic violence victims and their children via emergency shelters and related assistance. The Violence Against Women Act (VAWA), passed by Congress in 1994, is comprehensive federal legislation to end violence against women. In 2001, the National Sexual Violence Resource Center coordinated the first national Sexual Assault Awareness Month (SAAM), building on years of advocacy and awareness-building. In 2009, President Barack Obama officially declared April to be Sexual Assault Awareness Month, which presidents have proclaimed by every year since then. As part of this wider federal push, awareness-raising and provention efforts around sexual assault violence have been more firmly embedded in core policies and practices. For instance, the Department of Defense has been trying to create a culture to eliminate sexual assault, requiring a personal commitment from all Service members. Educational institutions have benefitted as well: the final Title IX revisions in April 2024 by President Joe Biden reflected the stronger shift to prevent assault actions on school campuses. These revisions also sought to protect more people, expanding the definition of "sex-based harassment" to include harassment based on sex characteristics, sexual orientation, gender identity, sex stereotypes, and pregnancy. At the state level, in September 2024 Governor Newsom signed eight bills on domestic violence. The legislation created a new victims' services fund using penalties from white-collar crimes and expanded the ability of victims to access restraining orders. While all of this movement has been positive, by the second week of President Donald Trump's current administration, the Office of Management and Budget had ordered a freeze of all federal financial assistance in all agencies including those that oversee government programs and funding for organizations that provide domestic violence and sexual assault services, such as Health and Human Services, Center for Disease Control, and the Department of Justice. Multiple court orders have blocked the freezes from taking effect, but in some cases funds haven't been received for programs aimed at preventing sexual violence. In addition, the current Administration has attacked the Office of Family Violence Prevention and Services and the Office on Violence Against Women, who must now disclose information that may further eliminate funding and resources, such as whether grants are being used to support "removable or illegal aliens or immigrants;" to "promote gender ideology;" or to advance "illegal DEI" programs-although at the time of writing, early challenges have signaled that enforcement of these provisions and denial of funding may be unconstitutional. As individuals and non-profit organizations, we can take action. We can contact our Congressmembers and state officials to back efforts to get the money flowing to relevant organizations and programs that raise awareness of and prevent sexual assault violence. We can also act in our local communities to reduce sexual assault violence. We can ask to improve lighting to make streets and other public spaces safer. We can make sure our city, county, and public health officials promote policies for families and children, address economic security, and provide access to safe, stable housing. We can collaborate with community-led organizations that coordinate resources and services that help with trauma, mental health and substance use, all of which lead to sexual abuse. (from CDC-Violence Prevention). Overall, we can all work to support the organizations country-wide that are on the front lines of dealing with sexual assault violence.

Implementation of Project 2025 Our core values are under attack. Take action now.

As Co-Directors Amy Hom and Missy Maceyko outlined in a webinar in October 2024, the objectives of Project 2025 directly counter the Public Policy Priorities of AAUW California. With federal policy pronouncements and changes continuing to take place at a head spinning pace, it is clear that changes are underway to make Project 2025 become reality. To respond to the attack on the people and issues we care about, and to fulfill the mission of our organization, "to advance equity for women and girls through advocacy, education, and research," we will continue to compile resources to help you take action to fight back. This is a critical moment, as the changes that are being implemented may have long-lasting impacts, locally and globally.

Even as we are asking you to act, we want to remind you that your wellbeing is important. With an uptick in policies and enforcement actions that run counter to our core values, you may be feeling overwhelmed, exhausted, fearful, or anxious. Action is important, but self-care is also a political act. Be gentle with yourself and acknowledge your efforts.

You should also consider staying connected--with AAUW members and with those outside of AAUW who are engaged in efforts to push back. To this end, here are some examples of individuals, groups, and organizations that are pushing back in different ways:

- direct refusal to comply, via mass resignation,
- showing up in person not only to protest, but also to support, including showing love for beleaguered federal workers at USAID,
- initiating and sustaining legal challenges.

Current Interest Group Activities

Group Name	Leader	Meeting Day	Time
GREAT DECISIONS GROUP	Elsie Gaura	2 nd Friday of-each	10:00AM
Great Decisions		month	
Raley's Event Center		Apr 11	
1915 Douglas Blvd., Roseville			
Topic: American Foreign Policy in the Middle			
East, facilitated by Cheryl Dell			
Contact Elsie Gaura Cheryl Dell			
WEDNESDAY MORNING BOOK GROUP	Nancy Taylor	3 rd Wednesday of	10:00AM
Zoom meeting – turn on your computer, iPad,		each month	
Kindle Fire or smartphone!		Apr 16	
Reviewing: Table for Two by Amor Towles			
WEDNESDAY EVENING BOOK GROUP	Judy Martin	Wednesday	6:30PM
Book/Author: <i>Death of a Flying Nightingale by</i>		Apr 2	
<u>Laura Jensen Walker</u>			
Reviewer: Kathy Kort			

Host: Kathy Kort Address: Phone: For additional information contact Judy Martin			
MAH JONGG GROUP To join, contact Joyce Wade Joyce:	Joyce Wade	1 st & 3 rd Thursdays April 3 hostess Joyce Wade, April 17 hostess Leslie W	1:00PM
CASUAL GARDENERS GROUP Casual Gardeners are going to the Robert Matsui Park hopefully to see the flowering trees. Lunch to follow. To join, contact Diane Madden	Diane Madden	1 st Wednesday of each month: Apr 2	11:00AM
RUMMIKUB at Sandy Haley's RSVP to Sandy Please, include your name	Sandy Haley	Monday Apr 21 May 19	10:15 AM

Current Neighborhood Group Activities

Lincoln/Loomis Neighborhood Group -- The Neighborhood group will be taking April and May off. Please attend the activities planned for our organization and identify yourself as a Lincoln resident. My last count was approximately 50% membership had addresses in Lincoln. Sela Greenhouse

Roseville Neighborhood Group. Roseville Neighborhood Group Breakfast at Timbers The 3rd Monday of every month, all members of Roseville-South Placer are invited to join the Roseville Neighborhood Group for Breakfast at Timbers 7050Del Webb Blvd. From 9:00-10:15.

For Breakfast Monday, April 21, RSVP to Sandy Haley by noon, by replying to her email or texting by noon Saturday, April 19. Please, include your name and indicate whether you will be coming to breakfast only, Rummikub only, or to both.

Following breakfast, anyone who wants to play easy-to-learn-fun-to-play Rummikub is invited to Sandy Haley's,. Play starts about 10:30 AM.

Mark your calendar for: Monday, May 19, and Monday, June 16.

Rocklin Group. The Rocklin Group's activity will be the April 22nd branch event at historic Old St. Mary's Chapel in Rocklin, 10-12 pm, to hear a Placer County History Discussion. Group contact is Lynda Stockwell,

Crossword puzzle answers

Across: 2. Advocacy 8. White 9. Suffragist 11. ERA 12. Ledbetter 13. NASPA 17. TechTrek 21. Paul 22. Vote 23. Equity 25. SpeechTrek 26. EqualPay 27. Pankhurst **Down:** 1. Sash 3. Flower 4. Research 5. TitleNine 6. Stanton 7. Green 9. Scholarships 10. Red 14. Anthony 15. Purple 16. Yellow 18. Nineteenth 19. AAUWRSP 20. Education 24. IBC

*** 2025 Words of Wisdom ***

Self-Care

Feeling stuck, bored, or tempted to indulge in unhealthy habits is my signal to prioritize self-care. I realize if I neglect my needs, I won't be able to care for anyone else, especially those who depend on me.

I pay attention as my soul communicates to me through my feelings of longing. I may crave time in nature, my favorite music, or the company of close family and friends.

I honor myself through my commitment to self-care. I start my day feeling gratitude for the precious gift of life. I honor this gift with restful interludes, good and nutritious food, and plenty of exercise.

Through my self-care practices, I strengthen my awareness of my divine identity and declare infinite life is flowing through me.

Awake

Awakening from sleep, I pause for a moment to feel the energy of a new day. Birds outside my window sing a greeting. My still-closed eyelids sense the morning light. Letting go of the delicious relaxation of sleep, I stretch my limbs, open my eyes, and rise from my bed.

Awake, fully present in mind, body, and soul to each activity of this day and to each person I meet, I feel truly connected. I engage fully with my daily work, study, prayer, and recreation. I notice details in my surroundings and see expressions of love and kindness I may have overlooked. Each moment becomes more vivid and meaningful. Nothing feels ordinary when I am awake. My life is a journey of discovery and appreciation.



Board meeting

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The next Branch Board Meeting is April 14. We will meet at 9:30 at Raley's ONE at Blue Oaks and Fiddyment in Roseville. All members are welcome. <u>Please send an email to the President if you plan to attend and if you have something to add to the meeting agenda.</u>

For updates in real time, please visit our branch website at

aauwrosevillesouthplacer.org